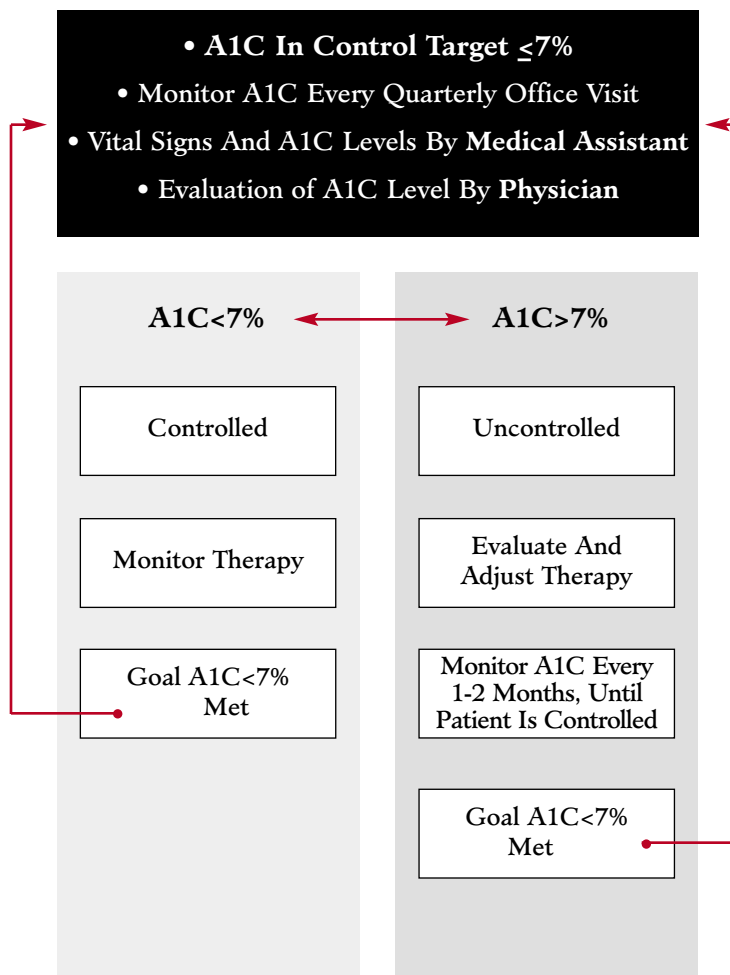


Recommendations for A1C Testing



Testing Frequency:

- Every 3 months to monitor metabolic control in patients with diabetes
- Every month to monitor pregnant women with diabetes or gestational diabetes⁴
- Every 1-2 months when treatment therapy is being adjusted - uncontrolled patients⁵
- Patients with uncontrolled type 1 or type 2 diabetes may be tested more frequently under ICD-9 Codes (5th digit 2 or 3) listed as "uncontrolled"⁵

Note:

- 50% of A1C value results from therapy given in preceding 30 days³

Summary

- Monitor A1C at every quarterly visit
- Test A1C every 1-2 months during therapy adjustment
- Immediate in-office A1C results improve glycemic control¹

Normal A1C ²	Impaired Glucose Tolerance ²	Diabetes ²
<6	6-7	>7

1. Diabetes Care, Vol. 22, No. 11, Nov. 1999
 2. Diabetes Care, Volume 25, Supplement, January 2002, www.Diabetes.org
 3. Burtis, C.A., Ashwood, E.R., Tietz Textbook of Clinical Chemistry, 3rd Edition, W.B. Saunders Co, 1999
 4. Internal Medicine News, October 1, 2001, "New Guidelines Set 6.5% HbA1c Goal in Diabetes"
 5. Medicare National Coverage Decisions (N.C.D.), Effective November 25, 2002